

Make up Session Policy

Make up sessions are classes that can be taken if you miss a class within a course of Pilates (subject to availability).

The following parameters apply for these sessions:

- Make up sessions are limited to two per person for each course registered.
- Make up sessions must be used within the same course as the missed class and can't be carried over (unless sick during the last week of the course).
- Make up sessions are only available in classes that have availability.
- Make up sessions are only permissible when classes are cancelled in advance, preferably with 24 hours' notice.
- If you do not show up for your make up session without prior notice then the session cannot be used again.

We will always do all we can to accommodate a missed class, however we cannot guarantee suitable make up sessions, as they are subject to availability.

We thank you for your continued support.

For any queries or questions please contact us hello@allactivepilatesandphysio.co.uk